

“Always Ask for Halal Certified Products & Services”

## HALAL, HARAM & MASHBOOH INGREDIENTS



**Halal** Council of India

[www.halalcouncilofindia.com](http://www.halalcouncilofindia.com)

# HALAL

Halal Status	Ingredient	Category	Description
✔	Acetic acid	Mineral, Chemical, Synthetic based Ingredients	A chemical
✔	Acetic Acid	Chemical	Used as a preservative in food
✔	Acetone	Chemical	Used as solvent in spice extracts
✔	Agar	Grain & Plant based Ingredients	It is a gum obtained from plant source
✔	Albumin	Ingredients from Egg and Fish	It is made from egge white.
✔	Algin	Grain and Plant based Ingredients	It is a gum obtained from seaweeds.
✔	Allspice	Grain & Plant based Ingredients	It is a spice of plant origin
✔	Alum	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative.
✔	Aluminum Ammonium Sulfate	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	Ammonium (Bicarbonate, Carbonate, Chloride, Sulfate)	Mineral, Chemical, Synthetic based Ingredients	A chemical
✔	Amylase (alpha)	Grain & Plant based Ingredients	It is an enzyme obtained from plant and bacterial sources
✔	Anise	Grain & Plant based Ingredients	It is a spice of plant origin
✔	Annatto	Grain & Plant based Ingredients	It is a natural color extracted from plant pigment without alcohol
✔	Arrowroot	Grain & Plant based Ingredients	It is a starch obtained from plant rhizomes
✔	Ascorbic Acid	Chemical	Used as a preservative in foods
✔	Ascorbic acid or Vitamin C	Mineral, Chemical, Synthetic based Ingredients	A chemical
✔	Aspartame	Mineral, Chemical, Synthetic based Ingredients	A synthetic sweetener.
✔	Azodicarbonamide	Mineral, Chemical, Synthetic based Ingredients	A chemical enrichment for flours.
✔	Baker's Yeast	Grain & Plant based Ingredients	It is a single celled plant which ferment sugar into carbon dioxide. It is used in bread baking.
✔	Baker's Yeast Extract	Grain & Plant based Ingredients	It is a flavoring agent obtained as solubles of mechanically rupturing the baker yeast cells.
✔	Baking Powder	Mineral, Chemical, Synthetic based Ingredients	A chemical leavener.
✔	Baking Soda	Mineral, Chemical, Synthetic based Ingredients	A chemical leavener.
✔	Basil	Grain & Plant based Ingredients	It is a spice obtained from plant source.
✔	Bay Leaves	Grain & Plant based Ingredients	It is a spice.
✔	Beeswax	Grain & Plant based Ingredients	It is pure wax obtained from the honeycomb of the bee.
✔	Benzaldehyde	Mineral, Chemical, Synthetic based Ingredients	A chemical flavorant.
✔	Benzoic acid	Mineral, Chemical, Synthetic based Ingredients	A chemical preservatives.
✔	Benzoic Acid	Chemical	Used as a preservative in foods
✔	Bran	Grain & Plant based Ingredients	It is out part of a cereal seeds
✔	Bulgur wheat	Grain & Plant based Ingredients	It is a type of wheat
✔	Caffeine	Grain & Plant based Ingredients	It is odorless powder occur in tea leaves and coffee beans.
✔	Calcium (Carbonate, Chloride, Citrate, Sorbate, Sulfate)	Mineral, Chemical, Synthetic based Ingredients	A chemical
✔	Calcium Propionate	Chemical	Used as a preservative
✔	Canola Oil	Grain & Plant based Ingredients	It is fully refined, bleached, and deodorized oil

			obtained from certain varieties of rapeseeds.
✓	<b>Caramel</b>	Grain & Plant based Ingredients	It is a colorant obtained from the controll heat treatment of plant crabohydrates such as dextrose.
✓	<b>Caraway</b>	Grain & Plant based Ingredients	It a plant spice.
✓	<b>Carboxymethylcellulose (CMC)</b>	Grain & Plant based Ingredients	A cellulose gum.
✓	<b>Cardamom</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Carnauba Wax</b>	Grain & Plant based Ingredients	It is plant wax obtained from leaf buds and leaves of Brazilian wax palm.
✓	<b>Carob</b>	Grain & Plant based Ingredients	It is a cocoa substitute obatined from pods of carob tree.
✓	<b>Carob Gum</b>	Grain & Plant based Ingredients	It is a gum obtained from the pods of carob tree.
✓	<b>Carrot Oil or Carrot Oleoresin</b>	Grain and plant based ingredients	Hexane(a Halal chemical solvent) is used to extract oil from carrot then by vacuum the hexane was removed according Code Of Federal Regulation Title 21 Part 73 Sec 73.300.
✓	<b>Chives</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Chlorine</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical gas.
✓	<b>Chocolate</b>	Grain & Plant based Ingredients	It is obtained from coacoa nibs of cocoa beans.
✓	<b>Chocolate Liquor</b>	Grain & Plant based Ingredients	It is fluide(liquor) obtained by grinding of cocoa nibs from the cocoa beans. No alcohol or liquor is added, it is just the name.
✓	<b>Cinnamon</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Citric Acid</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical
✓	<b>Citrus Oil</b>	Grain & Plant based Ingredients	It is oil obtained from rinds of citrus fruits.
✓	<b>Clove</b>	Grain & Plant based Ingredients	It is plant based spice.
✓	<b>Cocoa Butter</b>	Grain & Plant based Ingredients	It is fat obtained from nibs of cocoa beans.
✓	<b>Cocoa Powder</b>	Grain & Plant based Ingredients	It is powder obtained by grinding coacoa presscakes which is obtained from nibs of cocoa beans.
✓	<b>Coconut</b>	Grain & Plant based Ingredients	It is a nut obtained from coconut palm.
✓	<b>Coriander</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Corn</b>	Grain & Plant based Ingredients	
✓	<b>Corn Bran</b>	Grain & Plant based Ingredients	It is a out part of corn seeds.
✓	<b>Corn Flour</b>	Grain & Plant based Ingredients	It is a flour obtained by grinding corn.
✓	<b>Corn Gluten</b>	Grain & Plant based Ingredients	It is a corn protein.
✓	<b>Corn Meal</b>	Grain & Plant based Ingredients	It is a ground corn.
✓	<b>Corn Oil</b>	Grain & Plant based Ingredients	It is a oil obtained from corn seeds
✓	<b>Corn Starch</b>	Grain & Plant based Ingredients	It is a starch obtained from endosperm of corn seeds.
✓	<b>Corn Syrup</b>	Grain & Plant based Ingredients	It is sweetener obtained from corn.
✓	<b>Corn Syrup Solids</b>	Grain & Plant based Ingredients	It is a dry form of corn syrup.
✓	<b>Cranberry</b>	Grain & Plant based Ingredients	It is a fruit.
✓	<b>Cream</b>	Dairy Ingredients :	Cream is a milk fat obtained by seperating it from milk.
✓	<b>Cream of Tarter</b>	Grain & Plant based Ingredients	It is a acid potassium salt of tartaric acid occuring as a powder or crystal. In USA & Canada it is made from crushed grapes but in other countries it is made from wine deposits on the wine barrel.
✓	<b>Cultured Corn Syrup Solid</b>	Grain and plant based ingredient	Cultured Corn Syrup solid is made by adding bacteria to corn syrup solid for non alcoholic fermentation to produce organic acids such as lactic acid, acetic acid, butyric acid and propionic acid to lower the ph of the wheat flour. This cultured corn syrup solid is used as a

			natural mold inhibitor otherwise chemicals such as calcium propionate or sorbic acid or potassium sorbate has to use to retard the growth of molds on fresh bread and other fresh bakery products. Cultured Corn Syrup Solid is a Halal flour.
✓	<b>Cultured Wheat Flour</b>	Grain and plant based ingredients	Cultured wheat Flour is made by adding bacteria to wheat flour for non alcoholic fermentation to produce organic acids such as lactic acid, acetic acid, butyric acid and propionic acid to lower the ph of the wheat flour. This cultured wheat flour is used as a natural mold inhibitor otherwise chemicals such as calcium propionate or sorbic acid or potassium sorbate has to use to retard the growth of molds on fresh bread and other fresh bakery products. Cultured wheat flour is a Halal flour.
✓	<b>Cumin</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Curry Powder</b>	Grain & Plant based Ingredients	It is a blend of plant based spices.
✓	<b>Dextrin</b>	Grain & Plant based Ingredients	It is a part of plant starch.
✓	<b>Dextrose</b>	Grain & Plant based Ingredients	It is a corn sweetener from corn starch.
✓	<b>Dicalcium Phosphate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Dill</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Dipotassium Phosphate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Disodium Guanylate</b>	Grain and plant based ingredient	Disodium Guanylate is a flavor enhancer used in soups, gravies, sauces, fish and seafoods. Although it is a nucleotide but it is obtained through bacterial non- alcoholic fermentation on sugar or from sugarcane itself. It should not be confused with nucleotide from Torula yeast which grown alcohol or sugar cane which is used in infant baby formula.
✓	<b>Disodium Inosinate</b>	Grain and plant based ingredient.	Disodium Inosinate is a flavor enhancer used in soups, gravies, sauces, fish and seafoods. Although it is nucleotide but it is obtained through bacterial non- alcoholic fermentation on sugar or from sugarcane itself. It should not be confused with nucleotide from Torula yeast which grown alcohol or sugar cane which is used in baby infant formula.
✓	<b>Durum Flour</b>	Grain & Plant based Ingredients	It is a flour obtained from durum wheat.
✓	<b>EDTA</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical chelating agent.
✓	<b>Egg White</b>	Ingredients from Egg and Fish	It is a egg white products.
✓	<b>Egg Yolks</b>	Ingredients from Egg and Fish	It is egge yolk product.
✓	<b>Eggs</b>	Ingredients from Egg and Fish	It is whole eggs.
✓	<b>Ethylvanillin</b>	Chemical	Ethyl Vanillin is differ from vanillin by having ethoxy group (-O-CH <sub>2</sub> CH <sub>3</sub> ) rather methoxy group (-O-CH <sub>3</sub> ). It is made from Lignin base a pulp from wood or guaiacol.
✓	<b>Farina</b>	Grain & Plant based Ingredients	It is a ground particles of durum wheat.
✓	<b>Fennel</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Fenugreek</b>	Grain & Plant based Ingredients	It is a plant based spice.
✓	<b>Ferric Oxide</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Ferrous Sulphate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Fish Gelatin</b>	Ingredients from Egg and Fish	It is made from bones of fish.

✔✔	<b>Flour</b>	Grain & Plant based Ingredients	It is obtained by grinding cereal seeds.
✔✔	<b>Fructose</b>	Grain & Plant based Ingredients	A sweetener obtained from sugar or sucrose.
✔✔	<b>Fumaric Acid</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔✔	<b>Garlic</b>	Grain & Plant based Ingredients	A plant based spice.
✔✔	<b>Gellan Gum</b>	Grain & Plant based Ingredients	A plant based gum.
✔✔	<b>Ghatti Gum</b>	Grain & Plant based Ingredients	A plant based gum.
✔✔	<b>Ginger</b>	Grain & Plant based Ingredients	A plant based spice.
✔✔	<b>Glucon-Delta-Lactone</b>	Mineral, Chemical, Synthetic based Ingredients	It is a acidulant and used in chemical leavening.
✔✔	<b>Gluten</b>	Grain & Plant based Ingredients	A plant protein.
✔✔	<b>Graham Flour</b>	Grain & Plant based Ingredients	It is a whole wheat flour.
✔✔	<b>Grape</b>	Grain & Plant based Ingredients	It is a fruit.
✔✔	<b>Guar Gum</b>	Grain & Plant based Ingredients	It is a gum obtained from plant.
✔✔	<b>High Fructose Corn Syrup</b>	Grain & Plant based Ingredients	A sweetener obtained from corn.
✔✔	<b>Honey</b>	Grain & Plant based Ingredients	It is a natural syrup sweetener.
✔✔	<b>Horseradish</b>	Grain & Plant based Ingredients	A spice obtained from horseradish plant.
✔✔	<b>Hydrogenated Starch Hydrolysates,</b>	Grain & plant based ingredients	Hydrogenated Strach Hydrolysates is a sugar alcohol.
✔✔	<b>Hydrogenated Vegetable Oil</b>	Grain & Plant based Ingredients	Oil obtained from plant fat.
✔✔	<b>Hydrolyzed Vegetable Protein</b>	Grain & Plant based Ingredients	A flavor enhancer obtained from vegetable protein.
✔✔	<b>Invert Sugar</b>	Grain & Plant based Ingredients	A plant based sweetener. It is a mixture of dextrose and fructose.
✔✔	<b>Iron</b>	Mineral, Chemical, Synthetic based Ingredients	A metal.
✔✔	<b>Isomalt</b>	Grain & Plant based ingredients	Isomalt is a sugar alcohol.
✔✔	<b>Karaya</b>	Grain & Plant based Ingredients	A tree gum.
✔✔	<b>Kelp</b>	Grain & Plant based Ingredients	It is a brown seaweed grown on ocean water.
✔✔	<b>Lactic Acid</b>	Mineral, Chemical, Synthetic based Ingredients	An acid.
✔✔	<b>Lanolin</b>	Sheep Wool based Product	Lanolin is fat obtained from sheep wool without slaughtering the sheep.
✔✔	<b>Lanolin Alcohol</b>	Sheep Wool based products	Lanolin Alcohol is a sheep's wool wax.
✔✔	<b>Licorice Root</b>	Grain & Plant based Ingredients	A flavoring obtained from plant root.
✔✔	<b>Locust Bean Gum</b>	Grain & Plant based Ingredients	A plant based gum.
✔✔	<b>Mace</b>	Grain & Plant based Ingredients	A plant based spice.
✔✔	<b>Magnesium Carbonate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔✔	<b>Maize</b>	Grain & Plant based Ingredients	It is a another name of corn.
✔✔	<b>Malt</b>	Grain & Plant based Ingredients	It is produced from barley a source of enzymes.
✔✔	<b>Maltitol</b>	Grain & plant based ingredients	Maltitol is a sugar alcohol
✔✔	<b>Maltodextrin</b>	Grain & Plant based Ingredients	A product obtained from starch.
✔✔	<b>Maltose</b>	Grain & Plant based Ingredients	It is a one of the part of starch.
✔✔	<b>Mannitol</b>	Grain & Plant based ingredients	Mannitol is a sugar alcohol.
✔✔	<b>Maple Sugar</b>	Grain & Plant based Ingredients	It is a sugar obtained from maple tree.
✔✔	<b>Maple Syrup</b>	Grain & Plant based Ingredients	It is a natural syrup obtained from maple tree.
✔✔	<b>Marjoram</b>	Grain & Plant based Ingredients	A plant based spice.
✔✔	<b>Methylcellulose</b>	Grain & Plant based Ingredients	A gum composed of cellulose.
✔✔	<b>Microbial Enzymes</b>	Grain & plant based ingredients	Microbial enzymes which includes rennet microbial enzyme and Lypase Microbial enzyme are obtained the cells of yeast and they are Halal.
✔✔	<b>Modified Food Starch</b>	Grain & Plant based Ingredients	A plant starch chemically modified.
✔✔	<b>Molasses</b>	Grain & Plant based Ingredients	A by-product of sugar production from sugar cane.
✔✔	<b>Monocalcium</b>	Mineral, Chemical, Synthetic	A chemical.

	<b>Phosphate</b>	based Ingredients	
✓	<b>Monosodium Glutamate</b>	Mineral, Chemical, Synthetic based Ingredients	Monosodium Glutamate is a flavor enhancer and it is a sodium salt of glutamic acid. It is Halal & Kosher certified in USA and made in USA and Brazil.
✓	<b>Mustard</b>	Grain & Plant based Ingredients	A plant spice.
✓	<b>Natural Flavoring</b>	Grain & Plant based Ingredients	Oleoresin of Spices such as Black Peppers Paprika and other spices are also called Natural flavoring, it is not same as natural flavor. It is mostly used in Tomato Ketchups and other products. The extracting chemical is acetone.
✓	<b>Natural Hickory Smoke Flavor</b>	Flavor	Smoke flavor of any kind whether liquid or dried is from the distilled fumes of a smoked wood. No alcohol is used.
✓	<b>Nutmeg</b>	Grain & Plant based Ingredients	A plant based spice.
✓	<b>Oat</b>	Grain & Plant based Ingredients	A cereal.
✓	<b>Oat Flour</b>	Grain & Plant based Ingredients	Flour obtained from oat cereal.
✓	<b>Oatmeal</b>	Grain & Plant based Ingredients	Meal obtained from oats.
✓	<b>Oleoresins of spices or natural flavoring</b>	Grain & Plant based Ingredients	This is a spice extract and acetone is used as an extracting agent.
✓	<b>Olive Oil</b>	Grain & Plant based Ingredients	Oil obtained from olive fruits.
✓	<b>Onion</b>	Grain & Plant based Ingredients	A vegetable.
✓	<b>Oregano</b>	Grain & Plant based Ingredients	A plant based spice.
✓	<b>Palm Oil</b>	Grain & Plant based Ingredients	Oil obtained from fruit of palm tree.
✓	<b>Papain</b>	Grain & Plant based Ingredients	An enzyme obtained from Papaya fruit for tenderizing meat.
✓	<b>Paprika</b>	Grain & Plant based Ingredients	A plant based spice.
✓	<b>Parsley</b>	Grain & Plant based Ingredients	A plant.
✓	<b>Partially Hydrogenated Vegetable Shortening</b>	Ingredients made from plant fat	Made from plant fat.
✓	<b>Peanut</b>	Grain & Plant based Ingredients	A fruit from peanut plant.
✓	<b>Pectin</b>	Grain & Plant based Ingredients	A gum obtained from citrus peel.
✓	<b>Peppers</b>	Grain & Plant based Ingredients	A plant fruit.
✓	<b>Phenylethanol</b>	Chemical	Phenylethanol is not ethyl alcohol which causes intoxication. Phenylethanol is obtained from oils and it is not a product of fermentation. It provides odor which is pleasant. It is a Halal alcohol. It is used in flavor and perfume.
✓	<b>Phosphates</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical..
✓	<b>Phosphoric Acid</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Polydextrose</b>	Grain & Plant based Ingredients	A bulking agent obtained binding dextrose, sorbitol and citric acid.
✓	<b>Polyvinyl Alcohol</b>	Polymer	Polyvinyl Alcohol is a synthetic Polymer.
✓	<b>Potassium (Bicarbonate, Bromate, Sorbate)</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Potassium Sorbate</b>	Chemical	Potassium Sorbate is a Chemical used as a preservative.
✓	<b>Potato Starch</b>	Grain & Plant based Ingredients	Starch obtained from potato.
✓	<b>Pregelatinized Starch</b>	Grain & Plant based Ingredients	Starch which is processed to permit swelling in cold water because natural starch require heating to swell.
✓	<b>Propionic Acid</b>	Mineral, Chemical, Synthetic based Ingredients	Preservative chemical.
✓	<b>Propyl Gallate</b>	Mineral, Chemical, Synthetic based Ingredients	It is an antioxidant.

✔	<b>Propylene Glycol</b>	Mineral, Chemical, Synthetic based Ingredients	A solvent use in many flavors, a humectant and obtained from petroleum base.
✔	<b>Protease Enzyme</b>	Grain & Plant based Ingredients	An enzyme which breaks the protein and it is obtained from plant or bacterial source.
✔	<b>Psyllium</b>	Grain & Plant based Ingredients	A plant gum.
✔	<b>Raisin</b>	Grain & Plant based Ingredients	Raisins are naturally dried grapes.
✔	<b>Rapeseed</b>	Grain & Plant based Ingredients	A plant seed.
✔	<b>Rice</b>	Grain & Plant based Ingredients	A cereal.
✔	<b>Rye</b>	Grain & Plant based Ingredients	A cereal.
✔	<b>Saccharine</b>	Mineral, Chemical, Synthetic based Ingredients	A non nutritive synthetic sweetener.
✔	<b>Safflower</b>	Grain & Plant based Ingredients	A plant seeds.
✔	<b>Saffron</b>	Grain & Plant based Ingredients	A spice obtained from stigma of plant flower and provides intense yellow color to foods.
✔	<b>Sage</b>	Grain & Plant based Ingredients	A plant spice.
✔	<b>Salt</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Savory</b>	Grain & Plant based Ingredients	A spice.
✔	<b>Sea Salt</b>	Mineral, Chemical, Synthetic based Ingredients	Salt obtained from sea. A chemical.
✔	<b>Semolina</b>	Grain & Plant based Ingredients	Coarse granular obtained from durum wheat.
✔	<b>Sesame</b>	Grain & Plant based Ingredients	A plant seed.
✔	<b>Shallot</b>	Grain & Plant based Ingredients	A vegetable of onion family.
✔	<b>Silicon Dioxide</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Acetate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical
✔	<b>Sodium Acid Pyrophosphate</b>	Mineral, Chemical, Synthetic based Ingredients	A leavening chemical.
✔	<b>Sodium Aluminum Phosphate</b>	Mineral, Chemical, Synthetic based Ingredients	A leavening chemical.
✔	<b>Sodium Aluminum Sulfate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical leavening agent.
✔	<b>Sodium Benzoate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative.
✔	<b>Sodium Benzoate</b>	Chemical	A chemical used in foods as a preservative
✔	<b>Sodium Bicarbonate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative.
✔	<b>Sodium Carbonate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Citrate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Hydroxide</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Lactate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Metabisulfate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Nitrate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium Nitrite</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✔	<b>Sodium sorbate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative.
✔	<b>Sorbic Acid</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative.
✔	<b>Sorbic Acid</b>	Chemical	Used as a preservative in foods
✔	<b>Sorbitol</b>	Grain & Plant based Ingredients	It is a sugar alcohol, humectant and polyhydric alcohol (not ethyl alcohol).
✔	<b>Soy Sauce(All)</b>	Grain and plant based ingredients	All Purpose Soy Sauce is non naturally brewed

	<b>Purpose)</b>		soy sauce which is obtained without fermentation by blending hydrolyzed soy protein, salt, water, corn surup and sodium benzoate. It is not made with Wheat and Soy. La Choy is a leading Halal brand of All Purpose Soy Sauce in USA and Canada.
✓	<b>Soya Flour</b>	Grain & Plant based Ingredients	Flour obtained from soybean.
✓	<b>Soya Lecithin</b>	Ingredients made from plant	It is an emulsifier obtained from soybean fat.
✓	<b>Soya Oil</b>	Grain & Plant based Ingredients	Oil obtained from soybean.
✓	<b>Soybean</b>	Grain & Plant based Ingredients	A plant pod.
✓	<b>Soybean Oil</b>	Ingredients made from plant fat	It is obtained from soybean fat.
✓	<b>Spices</b>	Grain & Plant based Ingredients	They are plant based spices.
✓	<b>Starch</b>	Grain & Plant based Ingredients	A endosperm of cereal seed.
✓	<b>Sugar</b>	Grain & Plant based Ingredients	A sweetener obtained from cane sugar and beet.
✓	<b>Sunflower</b>	Grain & Plant based Ingredients	A seed.
✓	<b>Tapioca Starch</b>	Grain & Plant based Ingredients	A starch obtained from roots of cassava plant.
✓	<b>Tartaric acid</b>	Grain & Plant based Ingredients	An acid found in grapes. It is made from crushed grapes in USA and Canada.
✓	<b>Textured Vegetable Protein</b>	Grain & Plant based Ingredients	A vegetable protein which is extrudes to look like beef strip or nuggets.
✓	<b>Titanium Dioxide</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Tragacanth</b>	Grain & Plant based Ingredients	A plant gum.
✓	<b>Tricalcium phosphate</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical.
✓	<b>Vanilla Bean Powder</b>	Grain & Plant based Ingredients	It is 100% ground vanilla beans.
✓	<b>Vanillin</b>	Mineral, Chemical, Synthetic based Ingredients	Vanillin is a flavorant made from synthetic or artificial vanilla which can be plant lignin or synthetically made from guaiacol and eugenol.
✓	<b>Vegetable Oils</b>	Ingredients made from plant or vegetable fat	It is made from vegetable fat..
✓	<b>Vinegar</b>	Mineral, Chemical, Synthetic based Ingredients	Vinegar is a acidulant and flavorant. It is made from cider, grape, sucrose, glucose, malt by successive alcoholic and acetous fermentation.. The term vinegar is applies to cider..
✓	<b>Vital Wheat Gluten</b>	Grain & Plant based Ingredients	Vital wheat gluten is a protein obtained from wheat grain.
✓	<b>Vitamin C: As Ascorbic Acid</b>	Ingredients from plant	It is made from plant or synthetic sources
✓	<b>Wheat</b>	Grain & Plant based Ingredients	It is a cereal.
✓	<b>Wheat Flour</b>	Grain & Plant based Ingredients	Flour obtained bt grinding wheat.
✓	<b>Xanthan Gum</b>	Grain & Plant based Ingredients	It is a gum obtained from Xanthomnas bacteria.
✓	<b>Xylitol</b>	Grain & Plant based Ingredients	It is a sugar alcohol and sweetener for substutting sugar obtained from birch trees.
✓	<b>zein.</b>	Grain & Plant based Ingredients	It is a corn protein.



# HARAM

Halal Status	Ingredient	Category	Description
✘	<b>Adenosine 5' - Monophosphate</b>	Grain and Plant based ingredients	Adenosine 5' - Monophosphate is a nucleotide. Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Alcohol as solvent in flavor</b>	Haram Ingredients from Alcoholic Fermentation	Alcohol is used as a solvent in natural and artificial flavors
✘	<b>Alcohol in dry form is used as an ingredient</b>	Haram Ingredients from Alcoholic Fermentation	Alcohol made in dry form.
✘	<b>Bacon</b>	Haram Ingredients from Pig	It is part of pig stomach.
✘	<b>Bacon bits.</b>	Haram Ingredients from Pig	Bacon bits is obtained from pork stomach.
✘	<b>Balsamic Vinegar</b>	Grain & plant based ingredients	True balsamic vinegar comes from Modena, Italy. Balsamic Vinegar is made from Trebbiano grape which is a sweet white grape which contains high sugar. Some products named balsamic vinegar are really dilutions containing ordinary red-wine vinegar. The grape cooked at about 185 F to obtain concentrated grape juice then cooled in wooden barrels, inoculated with fermentation culture which include transferring the grape juice to alcohol then to acetic acid and water then they aged for years. Other vinegars are not aged. Since it has higher sugar content the it will produce more alcohol which may not be converted to acetic acid and water. It is also possible they may use wine barrel to provide flavor. It is not made from wine but it is consider as a wine vinegar. Some company may add wine vinegar to get the right flavor. So we do not what happen during the production of Balsamic vinegar. MCG do not consider wine vinegar and Balsamic vinegar as Halal.
✘	<b>Beer</b>	Haram Ingredients from Alcoholic Fermentation	It is a fermented alcoholic drink.
✘	<b>Beer Batters</b>	Haram Ingredients from Alcoholic Fermentation	These are coating on meat and fish products containing beer as an ingredient.
✘	<b>Beer Flavor</b>	Haram Ingredients from Alcoholic Fermentation	Actual beer is added as an ingredient.
✘	<b>Brewer's Yeast Extract or Autolyzed Yeast from beer making</b>	Ingredients from plant	Brewer yeast is a single celled bacteria. In food products especially for meaty flavors or strong flavors, only brewer's yeast extract from beer making is used. According to ulema it is Haram ingredients because alcohol, beer flavor compounds are leached inside the yeast cell and is not subjected to any change.
✘	<b>Brewer's Yeast</b>	Grain & Plant based Ingredients	Most Brewer's Yeast is obtained from by-product of beer making. During beer making alcohol of beer penetrate inside the yeast. It is also obtained after growing on alcohol.

✘	<b>Cochineal/Carmin e color</b>	Ingredients from insects	It is a red color obtained from insects. All insects except locust are Haram in Hanafi Mazhab.
✘	<b>Confectionary Glaze</b>	Insect secretion	Confectionary Glaze is made by dissolving Shellac in ethyl alcohol then evaporating alcohol. Then It is applied to the surface of the food product. Shellac without alcohol is Halal. It is a insect section.
✘	<b>Cytidene 5' - Monophosphate</b>	Grain & plant based ingredients	Cytidene 5' - Monophosphate is a nucleotide. Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Disodium Guanosine 5' - Monophosphate</b>	Grain & plant based ingredients	Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Disodium Guanosine 5' - Monophosphate is a nucleotide. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Disodium Uridine 5' - Monophosphate</b>	Grain & plant based ingredients	Disodium Uridine 5' - Monophosphate is a nucleotide. Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Erythritol</b>	Grain & plant based ingredients	Erythritol is a sugar alcohol obtained either from cornstarch or fruit alcoholic fermentation.
✘	<b>Fermented Cider</b>	Haram Ingredients from Alcoholic Fermentation	It is a fermented apple juice.
✘	<b>Gelatin</b>	Ingredients made from animals	It is Haram product if it is made from pig. Many ulema consider it Haram if it is made from non zabiha beef.
✘	<b>Ham</b>	Haram Ingredients from Pig	It is a pig meat.
✘	<b>Hard Cider</b>	Haram Ingredients from Alcoholic Fermentation	It is a fermented apple juice.
✘	<b>Inosito5' - Monophosphate</b>	Grain and plant based ingredients	Inosito5' - Monophosphate is a nucleotide. Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained

			RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Lard</b>	Ingredients made from Pig Fat	It is a pig fat.
✘	<b>Marshmallow containing pork gelatin</b>	Haram Ingredients from Pig	Pork gelatin used in making of marshmallow.
✘	<b>Nucleotides</b>	Grain & plant based ingredients	Nucleotides are nucleosides in combination phosphate group are building block of RNA and DNA of cells. These are molecules. Nucleotides are commercially produced from Torula yeast cells by providing alcohol as nutrients for growing torula yeast cells in millions. Then Nucleotides are obtained RNA of torula yeast cells. Nucleotides are used in baby infant formula to provide immunity against diarrhea and other diseases in new born babies and 0-12 months old babies.
✘	<b>Pork</b>	Haram Ingredients from Pig	It is flesh of swine.
✘	<b>Rosemary Extract</b>	Grain & Plant based ingredients	Alcohol is used as extracting solvent.
✘	<b>Rum</b>	Haram Ingredients from Alcoholic Fermentation	It is a liquor.
✘	<b>Sherry Wine</b>	Haram Ingredients from Alcoholic Fermentation	It is a wine.
✘	<b>Soya Sauce(Naturally Brewed)</b>	Grain & Plant based Ingredients	Naturally Brewed Soy Sauce with ingredient statement Wheat and Soy is obtained by fermenting soybean and wheat just like wine. Naturally Brewed Soy Sauce contains 2-3% alcohol.
✘	<b>Stevia</b>	Natural Sweetener	Natural Sweetener Steviol Glycol is extracted from Stevia plant and crystalized through alcohol.
✘	<b>Teriyaki, Teriyaki Suace</b>	Grain & plant based ingredients	Teriyaki or Teriyaki sauce is made by using Naturally Brewed Soy Sauce(a soy & wheat fermented sauce containing 2-3% alcohol)with or without Mirin or Sake a sweet rice wine with other ingredients such as sugar, hone, pineapple, spices, bromelain a Halal enzyme.
✘	<b>Vanilla Bean Specks</b>	Grain & plant based ingredients	Vanilla bean specks are made mostly from vanilla bean seeds which are obtained after alcohol extraction Vanilla Beans for vanilla flavors. The seeds leftover after alcohol extraction are dried and grind to make vanilla bean specks. This is called exhausted Vanilla bean specks in food industry. Vanilla beans specks without alcohol extraction are very expensive so many ice cream manufacturer do not use this type of vanilla bean specks. Our ulema consider vanilla bean specks as not Halal if it is obtain after alcohol extraction because alcohol is used on seeds to get vanilla flavor and it is contaminated the Halal vanilla bean seeds.
✘	<b>Vanilla Extract</b>	Ingredient from plant	Vanilla extract is flavorant made fromvanilla bean extract. It is extracted with alcohol and contains minimum 35% alcohol in solution.
✘	<b>Wine</b>	Haram Ingredients from Alcoholic Fermentation	It is a fermented product.
✘	<b>Wine Vinagar</b>	Grain & plant based ingredients	Wine vinegar is made from wine which is Haram in Islam. Not all wine is converted to vinegar. The flavor and color of wine are

			also Haram which do not convert to a new thing.
✘	<b>Wine vinegar.</b>	Haram Ingredients from Alcoholic Fermentation	It is obtained from wine and contains left over wine, wine flavor and color.
✘	<b>Yeast Extract from Brewer Yeast</b>	Grain & Plant based Ingredients	Brewer Yeast Extract is obtained from Brewer Yeast. Most Brewer's Yeast is obtained from by-product of beer making. During beer making alcohol of beer penetrate inside the yeast. It is also obtained after growing on alcohol.

# MASHBOOH

Halal Status	Ingredient	Category	Description
?	<b>Acid Casein</b>	Dairy Ingredients	It is a milk protein obtained commercially from skim milk by precipitation with lactic acid or hydrochloric or sulphuric acid.. It is Halal if it is Halal or kosher certified because addition of starter culture bacteria. It is not Halal if it is not Halal or Kosher certified.
?	<b>Artificial Colors or FD&amp;C Yellow No. 5 and others</b>	Mineral, Chemical, Synthetic based Ingredients	Artificial colors or FD&C colors are chemical dyes and they are Halal if use as is in powder or granular form. If they are as liquid colors a solvent such as vegetable oil or glycerin has to be added. If glycerin is used as a solvent in liquid colors they are Halal if plant fat glycerin is used, Haram if pork fat glycerin is used.
?	<b>Artificial Flavors</b>	Mineral, Chemical, Synthetic based Ingredients	Artificial Flavors are usually made from chemical and synthetic raw material. For Halal artificial flavor the synthetic raw material has to be Halal and solvent should not be alcohol. Not Halal artificial are made from non Halal raw material and alcohol is used as a solvent.
?	<b>Beta-Carotene</b>	Grain & Plant based Ingredients	Beta Carotene is natural color obtained from plant but it is not sold as is but with carrier must be added for mixing purpose for dry products or liquid products. If vegetable oil or fish gelatin is added as carrier then it is considered as Halal beta carotene. A Halal or Kosher symbol on food product containing beta carotene indicates either vegetable oil or fish gelatin is added as a carrier. OR Pork gelatin may be used as a carrier for proper dispersion of Beta-Carotene.
?	<b>BHA or BHT</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical preservative but always available with fat based carrier. Halal if vegetable oil is used as a carrier. Not Halal if animal fat is used as a carrier. A Halal or Kosher symbol on the food package containing BHA or BHT indicates only vegetable oil is used as a carrier.
?	<b>Butter fat Lipolyzed</b>	Dairy Ingredients	It is Halal if it is Halal or Kosher certified because of source of enzyme. It is not Halal if it is not Halal or Kosher certified.
?	<b>Buttermilk Solids</b>	Dairy Ingredients	Buttermilk solids are obtained from buttermilk. It is Halal if Halal or Kosher certified. Not Halal if it is not Halal or Kosher certified.
?	<b>Calcium Stearate</b>	Ingredients made from plant or animal fat	Calcium Stearate is the calcium salt of stearic acid. It is Halal only if stearic acid is obtained from vegetable fat or if it is Halal or Kosher certified
?	<b>Calcium Stearoyl Lactylate</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Carrageenan</b>	Grain & Plant based Ingredients	It is a seaweed gum. Isopropyl Alcohol( A Halal Alcohol) or Ethyl Alcohol (A Haram Alcohol) is also used during its processing.
?	<b>Caseinates</b>	Dairy Ingredients	Caseinates are milk protein obtained from curdling the milk. It is Halal if Halal or Kosher certified. Not Halal if it is not Halal or Kosher certified.
?	<b>Cetyl Alcohol, Butyl Alcohol</b>	Animal or Vegetable Fat based	Cetyl alcohol, Butyl alcohol are not ethyl alcohol but fat waxes. They are Halal if they are obtained from vegetable fat. They are Haram if they

			obtained from pork fat.
?	<b>Cheese &amp; Dairy Culture</b>	Grain & Plant based Ingredients	These are starter culture bacteria added to milk to provide flavor and texture to cheese and other dairy products
?	<b>Cheese Powder</b>	Dairy Ingredients :	Cheese powder is made by drying the cheese. t is Halal if Halal or Kosher certified. Not Halal if it is not Halal or Kosher certified.
?	<b>Cultured Cream Lipolyzed</b>	Dairy Ingredients	The enzyme use has to be Halal.
?	<b>Cultured Milk</b>	Dairy Ingredients	The cultures added to milk has to be from milk sources not from meat. The media use to grow these cultures has to be Halal.
?	<b>DATEM (Di- Acetyl Tartrate Ester of Monoglycerides)</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Diglyceride</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Dried Milk</b>	Dairy Ingredients	Milk is Halal but dryers use to dried milk should not use for drying the Haram dairy products, it has to be Halal or Kosher certified.
?	<b>Enzyme</b>	Grain & Plant based Ingredients or animal source	Enzymes are protein obtained from plant and animal sources.
?	<b>Enzyme Modified Soya Lecithin</b>	Ingredients made from plant or animal enzyme	Soy lecithin is modified by use of lipase enzyme. It is Halal only if microbial lipase is used or Halal or Kosher certified.
?	<b>Ethoxylated Mono- and Diglycerides</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Folic Acid</b>	Mineral, Chemical, Synthetic based Ingredients	Folic acid is a vitamin B. It is obtained synthetically or from Vitamin B. It is Halal if is Halal or Kosher certified. It is not Halal if it is obtained from non Halal sources.
?	<b>Glycerin</b>	Grain & Plant based Ingredients or animal source	Glycerin is a polyhydric alcohol (not ethyl alcohol) used as a humectant. It is made from fat either plant or animal.
?	<b>Glycerol Ester</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Glycerol Monostearate</b>	Ingredients from plant or animal fat	Glycerol Monostearate is emulsifier. It is Halal only if it is obtained from plant fat or Halal or Kosher certified.
?	<b>Hydroxylated Lecithin</b>	Ingredients made from plant or animal fat	It is Halal if it is Halal or Kosher certified.
?	<b>L-Cysteine</b>	Mineral, Chemical, Synthetic based Ingredients	L-Cysteine is a non essential amino acid and use in bakery products as a reductant or dough conditioner. L-Cysteine is obtained from human hair, chicken/duck feathers and L-Cysteine is a non essential amino acid and use in bakery products as a reductant or dough conditioner. L-Cysteine is obtained from human hair, chicken/duck feathers and L-Cysteine is a essential amino acid and use in bakery products as a reductant or dough conditioner. L-Cysteine is obtained from human hair, chicken/duck feathers are not Halal. There are two companies who makes the Halal L-Cysteine and they are: 1. Wacker Chemie of Germany who make the L-Cysteine by bacterial fermentation in which no alcohol is produced. It is also term as L-Cysteine from fermentation. 2. Ajinomonto Company makes L-Cysteine by synthetic method. This L-Cysteine is Halal certified by Council of Indonesia Ulema. The L-Cysteine made from human hair is a Haram ingredient. The L-Cystiene made from

			chicken/duck feathers is not consider as Halal by ulema.
?	<b>Lactitol</b>	Milk based ingredient	Lactitol is a sugar alcohol and made from whey a by-product of cheese making. It is Halal only if it is obtained from Halal or Kosher certified sweet whey or acid whey or a Halal or kosher symbol or suitable for vegetarian appears on food package containing Lactitol.
?	<b>Lactose</b>	Dairy Ingredients	Lactose is milk sugar and obtained from whey during cheese making, so it has to be Halal or Kosher certified for its Halal status.
?	<b>Magnesium Stearate</b>	Mineral, Chemical, Synthetic based Ingredients	It is a Magnesium salt of stearic acid and used as an anticaking agent or llubricant. It is Halal if the stearic acid is from plant fat or Halal or Kosher certified. It is Haram if the stearic acid is from pork fat.
?	<b>Margarine</b>	Grain & Plant based Ingredients	A product whose consitancy and application similar to butter. It is made by mixing milk, fat (either plant or animal) and artificial flavor to provide butter flavor.
?	<b>Mono- and Diglycerides</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Monoglyceride</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Natural Flavors</b>	Grain & Plant based Ingredients or meat	Natural flavor is made from any natural material including meat. It is Halal if it is Halal or Kosher certified and alcohol is not used as a solvent. A natural flavor could br Kosher certified but alcohol could be use as a solvent then in this case it is not Halal. So therre two requirements, one the Halal material is used as a raw material and second no alcohol is used as a solvent
?	<b>Niacin</b>	Grain & Plant based Ingredients or meat	It is water soluble Vitamin B3. It can be obtained from animal or plant or synthetci sources. Niacin is Halal only if it is obtained from Halal sources and Halal or Kosher certified. Niacin is not Halal if it is obtained from animal sources.
?	<b>Nonfat Dry milk</b>	Dairy Ingredients	Milk is Halal but dryers use to dried milk should not use for drying the Haram dairy products, it has to be Halal or Kosher certified.
?	<b>Polyglycerol Esters of Fatty Acids</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Polyoxythylene Sorbitan Monostearate</b>	Ingredients made from Plant or Vegetable Fat with kosher symbol on food package only	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Polysorbate 60</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Polysorbate 65</b>	Ingredients made from Plant or Vegetable Fat with kosher symbol on food package only	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Polysorbate 80</b>	Ingredients made from Plant or Vegetable Fat with kosher symbol on food package only	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Propylene Glycol Monostearate</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Rennet</b>	Grain & Plant based Ingredients or animal source	A milk coagulant which is a concentrated extract of rennin enzyme obtained from calves or pig stomach or microbial source. Calf rennet is obatined from cow, microbial rennet is obatined from bacteria. Pepsin rennet is obtained from pig.
?	<b>Rennet Casein</b>	Dairy Ingredients :	It is a milk protein obatined using rennet to curd

			the milk. It is Halal if Halal or Kosher certified. Not Halal if it is not Halal or Kosher certified.
?	<b>Riboflavin</b>	Grain & Plant based Ingredients or meat	Riboflavin is a vitamin B2. Sources includes cheese, leafy vegetables, eggs, milk and liver. In processed foods it is very likely to have been produced synthetically using genetically modified bacteria Bacillus subtilis, It is Halal if it is made from bacteria and Halal or Kosher certified. It is not Halal if it is made from liver.
?	<b>Shellac</b>	Ingredients from insect secretion	It is a secretion of insect. It is Halal if alcohol is NOT used during processing.
?	<b>Sodium Lauryl Sulfate</b>	Grain & Plant based Ingredients	A fat based emulsifier and whipping aid, used in egg white.
?	<b>Sodium Stearoyl Lactylate</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Softener</b>	Ingredients made from plant or animal fat	It is made from polyhydric alcohol such as glycerin which is made from fat. It is Halal if it is made from vegetable fat based ingredients.
?	<b>Sorbitan Monostearate</b>	Ingredients made from plant or animal fat	It is obtained from fat. It is Halal only if it is made from vegetable fat or Halal or Kosher certified.
?	<b>Sour Cream Solids</b>	Dairy Ingredients	Sour cream solids are Halal only if they are Halal or Kosher certified because gelatin is used in the manufacturing of sour cream.
?	<b>TBHQ</b>	Mineral, Chemical, Synthetic based Ingredients	A chemical antioxidant and comes with a carrier. It is Halal only if ivergetable oil is used as a carrier and Halal or Kosher certified. Not Halal if it is not Halal or Kosher certified and conatins animal fat.
?	<b>Thiamine Mononitrate</b>	Grain & Plant based Ingredients	It is a B1 vitamin. Thiamine can be produced synthetically from the bran coat of grains and yeast. It is Halal if Halal or Kosher certified and not Halal if it is not Halal or Kosher certified.
?	<b>Tocopherol or Vitamin E</b>	Grain & Plant based Ingredients	A fat soluble vitamin E obtained either from plant or animal fat.
?	<b>Tofu</b>	Grain & Plant based Ingredients	It is a soybean curd obtained by adding a coagulant to soybean milk. If coagulant is from Halal the tofu is Halal, if it is not from Halal source then tofu is not halal.
?	<b>Turmeric</b>	Grain & Plant based Ingredients	Turmeric is a colorant spice obtained from the root of the plant. It is Halal if used as pure turmeric powder. But some companies are add some emulsifie to use it in a liquid system. It is Haram if pork emulsifier is used as a carrier.
?	<b>Turmeric Extract</b>	Grain and Plant based ingredients	If Turmeric Extarct is extracted with Acetone then it is Halal but if it is extracted with alcohol then it is not Halal.
?	<b>Turola Yeast</b>	Grain & Plant based Ingredients	Torula yeast is single celled plant and used for flavoring. It can be grown on sugar cane which is a Halal substrate or it can be grown on alcohol or liquor the it became not Halal.
?	<b>Vitamin A as Retinol</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin B12: As Cyanocobalamin</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin B1: As Thiamine</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin B2: As Riboflavin</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin B5: As Pantoheric Acid</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin B6: As Pyridoxine</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin D as</b>	Ingredients from plant or animal	For the dairy industry it is made from



	<b>Calciferol:</b>	sources	sheep&&&s Lanolin (wool) for fortifying the milk. It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin E: As Tocopherol</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Vitamin K:</b>	Ingredients from plant or animal sources	It is Halal if it is made from plant sources or if it is Halal or Kosher certified
?	<b>Whey</b>	Dairy Ingredients :	Whey is the liquid portion of the milk when milk is coagulated. It is the by-product of cheese making. It is Halal only if the whey is Halal or Kosher certified.
?	<b>Whey Protein Concentrate.</b>	Dairy Ingredients	Whey Protein Concentrate is made from whey. It is Halal only if is Halal or Kosher certified.